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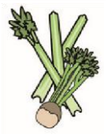
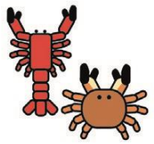
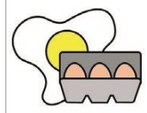
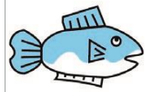
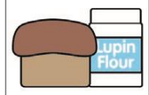
# Allergen Content Matrix for Hot & Cold May 2021 (Version 2)

| Soups |  | |  |  |  |  | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| LENTIL | | | | | | | | | | | | | | |
| TOMATO | | | | | | | If adding cream | | | | | | | |
| TOMATO, CARROT & RED PEPPER | | | | | | | If adding cream | | | | | | | |
| CHICKEN NOODLE | | Wheat-Can use GF Pasta | | In Noodles can use spaghetti | | Present If using Gf pasta | | | | | | | Present If using Gf pasta | |
| CHICKEN AND RICE BROTH | | | | | | | | | | | | | | |
| POTATO & LEEK | | | | | | | | | | | | | | |
| MINESTRONE | | Wheat-Can use GF pasta | | | | Present If using Gf pasta | | | | | | | Present If using Gf pasta | |
| VEGETABLE BROTH | | Barley | | | | | | | | | | | | |
| TOMATO, CARROT & RED PEPPER SOUP | | | | | | | If adding cream | | | | | | | |
| CHICKEN AND SWEETCORN SOUP | | | | | | | | | | | | | | |
| SPICY LENTIL AND TOMATO SOUP | | | | | | | | | | | | | | |
| CARROT & CORIANDER | | | | | | | If adding cream | | | | | | | |
| | | | | | | | | | | | | | | |
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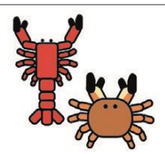
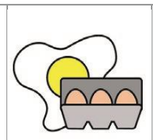
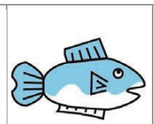
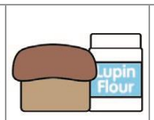
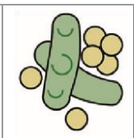
# Allergen Content Matrix for Hot & Cold May 2021 (Version 2)

| DISHES | | |  |  |  |  | | | | | | |  | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Macaroni Cheese with salad and garlic bread(V) | | Wheat. In Garlic Bread. Can provide GF pasta. | | | | if using GF Pasta | | | | | | | if using GF Pasta and in Garlic Bread | |
| Katsu Chicken Curry with Savoury Rice | | Wheat In Naan Bread | | | | | In Naan Bread | | | | | | | |
| Veg Curry with Savoury Rice (V) | | Wheat In Naan Bread | | | | | In Naan Bread | | | | | | | |
| Pizza with Wedges and Salad (V) | | | | | | | | | | | | | | |
| Spaghetti Bolognese with Garlic Bread | | Wheat. In Garlic Bread. Can provide GF pasta. | | | | if using GF Pasta | If serving with cheese and in Garlic Bread | | | | | | if using GF Pasta and in Garlic Bread | |
| Spaghetti Neapolitan (V) | | Wheat. In Garlic Bread.Can provide GF pasta. | | | | if using GF Pasta | If serving with cheese and in Garlic Bread | | | | | | if using GF Pasta and in Garlic Bread | |
| Tomato and Cheese Pasta | | Wheat. In Garlic Bread.Can provide GF pasta. | | | | if using GF Pasta | If serving with cheese and in Garlic Bread | | | | | | if using GF Pasta and in Garlic Bread | |
| Fish & Fish Fingers Chips and Peas/Beans | | Fish can be GF<br>Fish fingers are GF | | | | | | | | | | | | |
| Sausage Roll, Chips and Peas (V) | | Wheat in sausage roll | | | | | | | | | | | | |
| Chicken Meatballs with Spaghetti in a Tomato sauce | | Wheat/Barley In all | | | | if using GF Pasta | If serving with cheese and in Garlic Bread | | | | | | if using GF Pasta and in Garlic Bread | |
| Veg balls with Spaghetti in a Tomato sauce (V) | | Wheat/Barley In all | | | | if using GF Pasta | If serving with cheese and in Garlic Bread | | | | | | In Meatballs. If using GF Pasta also in Garlic Bread | |
| Chicken Tandoori with Rice and Naan | | Wheat In Naan Bread | | | | | In Naan Bread | | | | | | | |
| Mince and Tatties with Yorkshires and veg | In Gravy | Wheat If eating Yorkshires | | If eating Yorkshires | | | If eating Yorkshires | | | | | | | |
| Quorn Fillet with Tatties, Yorkshires and veg (V) | In Gravy | Wheat If eating Yorkshires | | In Quorn & If eating Yorkshires | | | If eating Yorkshires | | | | | | | |
| Vegetable Goujons with chips and beans (V) | | Wheat in Veg Goujons | | | | | | | | | | | | |
| Chicken Curry with Rice and Naan | | Wheat In Naan Bread | | | | | In Naan Bread | | | | | | | |

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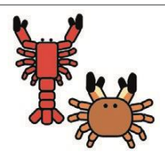
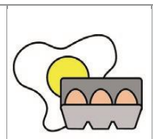
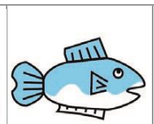
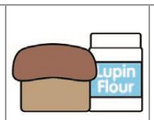
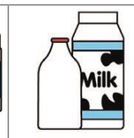
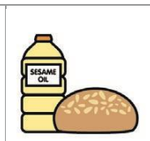
# Allergen Content Matrix for Hot & Cold May 2021 (Version 2)

| DISHES | | |  |  |  |  |  | | | | |  | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Veg Curry with Rice and Naan (V) | | Wheat In Naan Bread | | | | | In Naan Bread | | | | | | | |
| Roast Chicken with Yorkshires Tatties and Veg | In Gravy | Wheat If eating Yorkshires | | If eating Yorkshires | | | If eating Yorkshires | | | | | | | |
| Quorn Fillet with Yorkshires, Tatties and Veg (V) | In Gravy | Wheat If eating Yorkshires | | In Quorn & If eating Yorkshires | | | If eating Yorkshires | | | | | | | |
| **Secondary Deli** | | | | | | | | | | | | | | |
| Piri Piri Chicken<br>• No Allergies | | | | | | | | | | | | | | |
| BBQ Chicken | | Wheat | | | | | | | | | | | | |
| Sweet Chilli Chicken<br>• No Allergies | | | | | | | | | | | | | | |
| Specials | | | | | | | | | | | | | | |
| Chicken Burger | | Wheat in Bun/Roll | | In Bun | | | In Cheese | | | | | in Bun/Roll | In Bun | |
| American Style Sausage in a bun with Wedges, Salad and Sweetcorn | | Wheat in Sausage and Bun/Roll | | | | | | | | | | In Bun/roll | In sausage | |
| Chicken Goujons with Wedges and Salad | No Allergens | | | In Bun | | | | | | | | | In Bun | |
| Cheeseburger Beef | | Wheat in Bun/Roll | | | | | In Cheese | | | | | In Bun/roll | In Bun | |
| Quorn Burger in a bun with diced potatoes and salad | | wheat, barley with Quorn burger & in bun | | In Quorn<br>In Bun | | | In Quorn | | | | | In Bun/roll | In Bun | |
| GF Salmon fish Fingers Chips and Peas/Beans | | | | | | | | | | | | | | |

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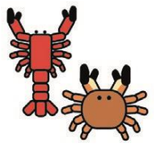
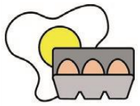
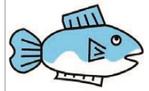
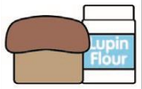
# Allergen Content Matrix for Hot & Cold May 2021 (Version 2)

| Sandwich & Baguettes | | |  |  |  |  | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Tuna Salad Baguette/Sandwich | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread & Wrap | | In Mayonnaise | | | In Mayonnaise | | In Mayonnaise | | | In Baguette | In 50/50 Bread | |
| Chicken Tikka Baguette/Sandwich | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread & Wrap | | In Mayonnaise | | | In Mayonnaise, Tikka sauce | | In Mayonnaise | | | In Baguette | In 50/50 Bread | |
| BBQ Pulled Pork Baguette/Sandwich | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread & Wrap | | | | | | | | | | In Baguette | In 50/50 Bread | |
| Cheese Savoury Baguette/Sandwich | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread & Wrap | | In Mayonnaise Can serve without | | | In Mayonnaise In Cheese | | In Mayonnaise Can serve without | | | In Baguette | In 50/50 Bread | |
| Egg Mayonnaise Baguette/Sandwich | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread & Wrap | | | | | In Mayonnaise | | In Mayonnaise | | | In Baguette | In 50/50 Bread | |
| Chicken Fajita Baguette/Sandwich | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread & Wrap | | In Mayonnaise Can serve without | | | In Mayonnaise | | In Mayonnaise Can serve without | | | In Baguette | In 50/50 Bread | |
| Plain Roast Beef Baguette/Sandwich | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread & Wrap | | | | | | | | | | In Baguette | In 50/50 Bread | |
| Plain Roast Chicken Baguette/Sandwich | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread & Wrap | | | | | | | | | | In Baguette | In 50/50 Bread | |
| Plain Cheese Baguette/Sandwich | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread & Wrap | | | | | | | | | | In Baguette | In 50/50 Bread | |
| Plain Roast Turkey Baguette/Sandwich | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread & Wrap | | | | | | | | | | In Baguette | In 50/50 Bread | |
| Spicy Mixed Meat Baguette/Sandwich | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread & Wrap | | | | | | | | | | In Baguette | In 50/50 Bread | |
| Five Bean Salad Baguette/Sandwich | | Wheat In Baguette, Barley, Oats, Rye. Wheat In Bread & Wrap | | | | | | | In Bean Salad | | | In Baguette | In 50/50 Bread | |
| | | | | | | | | | | | | | | |
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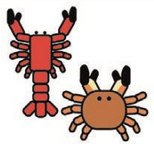
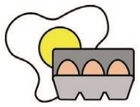
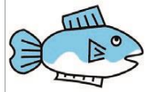
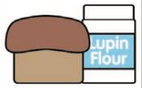
# Allergen Content Matrix for Hot & Cold May 2021 (Version 2)

| Salads and pasta | | |  |  |  |  | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| Chicken pasta box | | Can provide GF pasta | | In Mayonnaise Can serve without | | If using GF pasta | In Mayonnaise Can serve without | | In Mayonnaise Can serve without | | | | If using GF pasta | |
| Roast Beef Salad Box | | Wheat, barley, oats and rye and spelt in FlatBread | | In Mayonnaise Can serve without | | | In Mayonnaise Can serve without In Flatbread | | In Mayonnaise Can serve without | | | | | |
| Italian pasta box with mozzarella | | Can provide GF pasta | | | | If using GF pasta | In Cheese can be served without | | | | | | If using GF pasta | |
| Spicy Mixed Meat Salad Box | | Wheat, barley, oats and rye and spelt in FlatBread | | | | | In Flatbread | | | | | | | |
| Tuna pasta box | | Can provide GF pasta | | In Mayonnaise Can serve without | | If using GF pasta | In Mayonnaise Can serve without | | In Mayonnaise Can serve without | | | | If using GF pasta | |
| Chicken Caesar Salad Pasta box | | Can provide GF pasta | | In Caesar Dressing | | If using GF pasta | In Caesar Dressing | | | | | | If using GF pasta | |
| Sweet Chilli Chicken Salad Box | | Wheat, barley, oats and rye and spelt in FlatBread | | | | | In Flatbread | | | | | | | |
| Pulled Chicken Italian Pasta box | | Can provide GF pasta | | | | If using GF pasta | In Cheese can be served without | | | | | | If using GF pasta | |
| Savoury Cheese salad Box | | Wheat, barley, oats and rye and spelt in FlatBread | | In Mayonnaise Can serve without | | | In Mayonnaise and cheese. Can serve wthout In Flatbread | | In Mayonnaise Can serve without | | | | | |
| Five Bean Salad | | Wheat, barley, oats and rye and spelt in FlatBread | | | | | In Flatbread | | In Bean Salad | | | | | |
| Vegetable Cous Cous Salad (v) | | Wheat, barley, oats and rye and spelt in FlatBread Flatbread & Cous cous | | | | | | | | | | | | |

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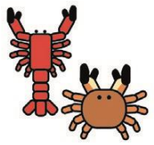
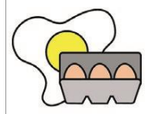
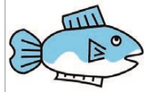
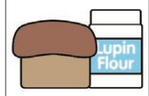
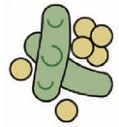
| Other food items | | |  |  |  |  | | | | | | |  | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| **Bread Items** | | | | | | | | | | | | | | |
| 10" Baguette (halved for Primary Schools) | | Wheat, barley, | | | | | | | | | | | | |
| Wraps | | Wheat | | | | | | | | | | | | |
| Flatbread (30932) | | Wheat | | | | | | | | | | | | |
| Kingsmill 50/50 | | Wheat | | | | | | | | | | | | |
| Pitta | | Wheat | | | | | | | | | | | | |
| Garlic bread | | Wheat | | | | | | | | | | | | |
| Burger buns | | Wheat | | | | | | | | | | | | |
| **Snack Food Items** | | | | | | | | | | | | | | |
| **Wholesum Crisps/Burts (Contain pea protein)** | | | | | | | | | | | | | | |
| BBQ (No Allergies) | | | | | | | | | | | | | | |
| Chilli (No Allergies) | | | | | | | | | | | | | | |
| Plain Muffins(129714) | | Wheat | | | | | | | | | | | | |
| Cookies (132848) | | Wheat | | | | | | | | | | | | |
| Cream and Chive | | | | | | | | | | | | | | |
| Lightly salted Salt (No Allergies) | | | | | | | | | | | | | | |

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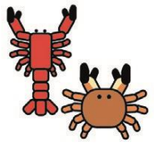
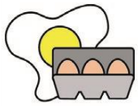
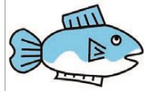
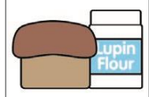
# Allergen Content Matrix for Hot & Cold May 2021 (Version 2)

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Salt & Vinegar (One Allergen) | | Barley/Gluten | | | | | | | | | | | | |
| Other food items | | |  |  |  |  | | | | | | | | |
| Allergens | Celery | Cereals containing gluten** | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Nuts* | Peanuts | Sesame seeds | Soya | Sulphur dioxide |
| **Pop oats crisps;** **(Contains oats)** | | | | | | | | | | | | | | |
| Barbecue BBQ (No allergies) | | | | | | | | | | | | | | |
| Sour Cream | | | | | | | | | | | | | | |
| Salt & Vinegar (No allergies) | | | | | | | | | | | | | | |
| Propercorn Sweetcorn (No allergies) | | | | | | | | | | | | | | |
| **Cookies** | | Wheat | | | | | | | | | | | | |
| **Raisins** (no allergens) | | | | | | | | | | | | | | |
| **Dairy Products** | | | | | | | | | | | | | | |
| Mueller Yoghurts | | | | | | | | | | | | | | |
| Yazoo Milk | | | | | | | | | | | | | | |