

Nursery Routine



3-5 Room Routine				
8.00-9.00	Welcome Time			
9.00-11.00	Relaxed Free Flow Play – Structured, child led, adult supported play experiences			
11.00-11.30	Tidy Up Time – Zone Group opportunity (games, singing, stories, calendar etc)			
11.30-12.10	1 st Lunch Sitting and tooth brushing	Relaxed Free Flow Play – Structured, child led, adult supported play experiences		
12.10-12.55	2 nd Lunch Sitting and tooth brushing			
1.00-1.30	3 rd Lunch Sitting and tooth brushing			
1.30 -3.30	Relaxed Free Flow Play – Structured, child led, adult supported play experiences			
3.30-4.00	Tidy Up Time – Zone Group opportunity (games, singing, stories, calendar etc)			
4.00-5.00	Relaxed Free Flow Play – Structured, child led, adult supported play experiences			
5.00-6.00	Home Time – All children come together. Tidy up time.			
Nursery Initiative and Physical Play				
	AM		PM	
Monday			Zone Star of the Week 3.30-4.00pm	
Tuesday	Team Meet 8.40-9.00am Forest School 9.00-11.30am			
Wednesday			Gym Hall Slot 1.00-3.00pm	Team Meet 1.40-2.00pm
Thursday	Gym Hall Slot 8am-11.30am	PATHS Programme AM	Forest School 2.00-4.00pm	PATHS Programme PM
Friday	Zone Star of the Week 11.00-11.30am		Gym Hall Slot 1.00-3.00pm	

- Routines are important for children in early year's settings.
- Routines allow children to feel comfortable and settled whilst in the nursery environment as they know what is happening next.
 - Routines are important for children's wellbeing.
- Creating a level of structure is important, allowing some flexibility to these early years routines will enable the best possible learning

Being attentive to what is happening around you as a practitioner enables the children to gain the most out of there routine.

How your child will learn in Auchinairn ELCC:

Your child in nursery will learn through **PLAY**. They will be encouraged to **EXPLORE, BE ACTIVE**, and become **CREATIVE AND CRITICAL THINKERS** which takes place both indoors and outdoors. Your child will develop **CURIOSITY, INVESTIGATION** and **DISCOVERY** skills which will support them as an effective learner, ready to take on life experiences and all its challenges.

Your child will be learning skills, acquiring new knowledge and demonstrating their understanding through 4 capacities.

- Developing successful learners
 - Confident individuals
 - Responsible citizens
 - Effective contributors.

Children will mostly develop in 2 prime areas first.

These are:

- Communication and language
- Health and Wellbeing – (Personal, social, emotional and physical development)

These 2 areas are those most essential for your child's healthy development and future learning.

As your child grows we will begin to focus on 6 specific areas of learning.

These are:

- Literacy
- Mathematics
- Sciences
- Religious and moral
- Social Studies
- Expressive arts